



Is It **Sensory** Problems or Just **Behaviors**?

Virtual Parent Training with an Occupational Therapist

Help Your Child Thrive: Discover the Difference!

Sometimes these reactions aren't just behavior—they may be related to how your child's nervous system processes sensory information. *How to tell the difference?*



Join This Virtual Training to Learn:

- What sensory processing is
- How to recognize sensory-driven behaviors
- The difference between tantrums and sensory meltdowns
- Practical strategies to support your child at home
- When occupational therapy may help



Perfect For Parents Of Children Who:

- Have frequent meltdowns
- Avoid certain clothing or textures
- Are sensitive to noise or busy environments
- Constantly move, jump, or crash into things
- Struggle with transitions or routines

Parents Will Leave With:

- Simple sensory strategies to try at home
- A better understanding of their child's behavior
- Tools to support regulation and daily routines

Training Details



When: Flexible scheduling



Q&A: Ask questions anytime



Location: Virtual



Location: Virtual



Presented by: Sadera Braid, Occupational Therapist

Reserve Your Spot Today!

Registration:

totalcareot.janeapp.com

Limited spaces available!

Questions? Call 573-424-0868